

# Safety Equipment



## Life Jackets

On keel-boats 100N when:  
water < 12° / night / is windy  
On dinghies and catamarans  
50N buoyancy-aid always



## Trapeze harness

Mandatory on catamarans: needed to recovery from capsize. On RS500 and 29er we recommend to wear it/have it always on board.

## Whistle, Knife, Light

Ready to be used: A whistle, a knife, and a flashlight/light beacon for night sailing.



## Personal protection



Use gloves, bonnet, spraytop, wetsuit, sunglasses for sailing or while doing maintenance. On catamarans use the helmet in strong wind.

## Safety items on board



Extra mooring lines, paddles, 'gaffe', anchor, bailer, bilge pump, horn, red flag/firework... check their presence/status on board



## First Aid

Bring with you a minimal first aid kit, at least 1 per boat



## Radio

YCC default PMR channel is 4 subtone 4 (4<sup>4</sup>)

# Safety Actions

## ALARME LAC 112



## Safety briefing

Names of crew and their, experience, emergency numbers, safety equipment, engine startup, rigging check. Man-Overboard actions, outing planning, roles assignment, expected re-entry time  
Ask for questions!

## Conditions evaluation

Do not go out when wind > 4-5bft  
Check the storm warning lights  
Check meteo alerts/wind speed direction and forecast, water level and temperature.  
Read previous boat log entries.



## Mutual check



Look if there are other YCC boats sailing and if they are ok. Use the binoculars to spot who is not coming back when expected. Help during dinghy re-entry/mooring.

## Responsibility



Skippers are the ultimately responsible on board. YCC event organizers, Qboat drivers, the committee, can enforce additional safety measurements. Identify who is in charge to take responsibility/decisions!

# Safe Sailing



## Minimal risk

Choose the simplest maneuvers and plan it in advance and prepare your crew for it. Reduce the sailing time inside the harbor to the minimum necessary.

## Call for tack/gybe

Call/answer loud for tack and gybe:  
Ready to tack? READY! Tack!  
Ready to Gybe? READY! Main in the center...Gybe!



## Risks around you

Observe always around you, especially on the leeward side, behind the sails: boats, CGN, SUPs, wakeboards, swimmers. Have they seen you?

## Position fixing

An approximate position is needed to call for help (i.e. I am in front of Corsier). Practice on the map, compass on coastal navigation!



## Solo outing

On Laser, write on the log your destination, expected re-entry time, inform someone in the harbor, take the radio. Come back earlier

## Be a good YCC sailor

Read and respect all the YCC rules, the people, the boats, the environment. Be a good sailor. Do all your best to avoid accidents and keep high sail and safety standards. Be an ambassador of the YCC! Thank you.



by Luigi Gallerani  
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